

"There is always something to occupy my mind, my will and even my heart at Inner Fire."

—Seeker



InnerFire offers striving individuals the choice to recover from debilitating and traumatic life challenges without or with minimal use of the mind altering, psychotropic medications while strengthening themselves on a deeper, soul spirit level. We stabilize a person in crisis, gradually replace medication with homeopathy and proactive therapies, which address core issues, and help develop skills for growing beyond trauma to becoming an enthusiastic and vital member of their community.



How You Can Give

In addition to supporting our work through cash donations, there are other ways you can contribute to the sustainability of Inner Fire in the long term.

A gift to Inner Fire, a 501(c)(3), offers potential tax benefits to you, to your estate and/or to your heirs. Prior to making any decision about a planned gift, please be sure to consult your attorney and other professional advisors.

Sustainable Giving:

Bequests:

One of the easiest ways to help involves simply naming Inner Fire as a beneficiary in your will and living trust. A bequest may be for a particular dollar amount or for a percentage of your estate. Estate tax savings may be significant.

Life Insurance Policy and Retirement Assets

Naming Inner Fire as a partial or full beneficiary of these assets can provide support for the organization.

Life Income Gifts

Life income gifts allow you to leave a gift in the care of Inner Fire, while receiving income during your lifetime. The two most popular life income gifts are charitable remainder trusts and charitable gift annuities.

Complex Gifts

If you are a business owner, own real property or have any other type of complex asset, giving options exist that can both help Inner Fire and benefit your family financially.

Real Estate

Real estate may be deeded outright to Inner Fire left by bequest. The irrevocable gift of property may provide an immediate tax reduction and avoid capital gains.

Securities

Securities are most often in the form of common stock or mutual funds. Such a gift is a valuable way to benefit Inner Fire and for you to receive tax benefits based on fair market value of the assets.

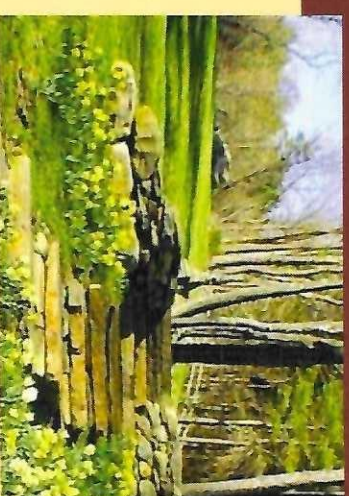
Bank or Investment Accounts

Financial accounts can be a simple and inexpensive way to leave a legacy gift to Inner Fire



"My year at Inner Fire was one of the most challenging I've had, fear and resistance dogged me throughout....I am eternally grateful for the members of the Inner Fire community who together are weaving love and healing into the world, and who saved my life."

—Seeker



We welcome any questions and assisting in any way possible. Thank you very much for your thoughtful considerations,

Beatrice Birch
Founder/Executive and
Therapeutic Program
Director



Your legacy is a statement to the world about what matters to you.



Making a legacy gift to Inner Fire, will bring a lasting difference in the lives of those who suffer from what's referred to as 'mental health'.

More than a quarter of the U.S. population in any given year, and nearly half of all adults face mental, soul health challenges at some time in their lives. Rather than receiving the support to embrace and work through the challenges belonging to life and to being human, many become overwhelmed by a cocktail of medications and thereby trapped in the cycle of hospitalizations, resulting in living a zombie type existence.

Many do not receive the loving and respectful support needed to reclaim their lives.

Inner Fire at Grace Brook Farm

26 Parker Road
Brookline, VT 05345

802-221-8051

beatrice@innerfire.us

www.innerfire.us



Inner Fire is
changing lives but,
we need **YOUR** help.

Help us help the
1 in 5 adults in the
U.S. suffering from
mental illness