



deep healing without meds

Send completed form to:
Beatrice Birch, Director and
Laura Young, Office Manager
Inner Fire, Inc. 26 Parker Road
Brookline, VT 05345
(802) 221-8051

beatrice.innerfire@gmail.com
laura.innerfire@gmail.com

Application for Three Day Visit

Applicant Name _____ Date of Birth ____/____/____
Male Female Marital Status _____ SSN _____
Address _____ City _____ State/Zip _____
Home Phone _____ Cell _____
Email: _____

Applicants Primary Relationships

Mother / Guardian's Name: _____ Emergency Contact? Y N
Address _____ City _____ State/Zip _____
Home Phone _____ Cell _____
Email: _____ Occupation _____

Father / Guardian's Name: _____ Emergency Contact? Y N
Address _____ City _____ State/Zip _____
Home Phone _____ Cell _____
Email: _____ Occupation _____

If you have a legal Guardian or Power of Attorney for Medical or Financial Purposes, please provide documents indicating this for our records in addition to their contact info below:

Legal Guardian or Power of Attorney Name _____
Address _____ City _____ State/Zip _____
Home Phone _____ Cell _____
Email: _____ Emergency Contact? Y N

Name: _____ Relationship _____ Emergency Contact? Y N
Address _____ City _____ State/Zip _____
Home Phone _____ Cell _____
Email: _____ Occupation _____

Who is financially responsible for your stay at Inner Fire? _____

Health Insurance - *Please provide a copy of your health insurance card

Health Insurance Co. _____ Phone _____
Address _____ City _____ State/Zip _____
Policy # _____ Group # _____
Policy Holder _____ Policy Holder's Date of Birth ____/____/____

How did you Hear about Inner Fire?

Name _____ Organization _____
Address _____ City _____ State/Zip _____
Home Phone _____ Cell _____
Email _____ Relationship _____



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What to Bring

The seasons here in Vermont bring different needs, and most suggestions are perhaps obvious. Work clothes will be worn more than any dress clothes. Underlined items are not necessarily needed during the three-day visit if you do not have your own yet. Be sure to bring all other items listed for your three-day visit as is appropriate for the indicated season.

For Autumn and Winter

- Long johns
- Microspikes*
- Mittens
- Scarf
- Snow boots
- Snowshoes*
- Warm clothes
- Warm hat
- Warm work gloves

For Spring and Summer

- Crocs
- Light clothing to layer
- Rain boots
- Rain hat
- Rain jacket
- Sandals
- Sun hat
- Sunscreen
- Swim suit
- Umbrella
- Water shoes
- Work gloves

Additionally, please bring the following:

- Alarm clock (without radio)
- An up-to-date photo of yourself that includes your name and birthdate
- Any transportable instrument you have and can play
- **Bed linens for twin size bed (pillow cases, sheets, blankets, comforter)
- Books, songs and poems to share
- Enough wool yarn for knitting a scarf
- Flashlight
- Head lamp
- Hot water bottle for liver compresses
- Journal
- Laundry basket
- Laundry detergent, biodegradable
- Personal toiletries (natural & fragrance free)
- The book, *Why on Earth* by Signe Schaeffer
- Tick remover / key
- Towels
- Writing and art materials: crayons and colored pencils, paper etc.

*As winter sets in, these are essential and enable us to get into the snowy woods which are so silent, beautiful and interlaced with wildlife tracks.

** If a Seeker is unable to provide their bed linens, Inner Fire will provide these until such time a Seeker is able to acquire their own.

I understand and will bring the above needed items to Inner Fire.

Applicant Signature _____ Date _____