



December 7, 2015

Dear Friend of Inner Fire,

It is with great joy and appreciation that I write to you today. The impulse which we have carried together and which you have nourished with your thoughts, your goodwill and your support, has been born! On September 8, after much preparation we launched our Day Program and *Inner Fire* began its work at Grace Brook Farm.

The need for its healing is so pressing that we realized we could not wait for our permanent residence to be built – so we have responded with two rented houses nearby, and our pioneering seekers have rapidly grown to six striving individuals, ranging in age from 20 to 54, originating from Hawaii to Maine.

We all work together every day from 7 AM to 8:30 PM. Our rich, intentional and comprehensive therapeutic program focuses on body, soul and spirit, and our optimism is rapidly growing as we begin already to see remarkable progress, due to the courage of the seekers who are reaching for the inner wisdom and strength to heal themselves and one another. Above all we are working together to create a real community, which is already changing lives in significant ways.

With your help, we have initiated the *Support a Seeker Fund* for seekers who are unable to pay the full cost of the program. In the words of two of our seekers:

“Having the support to engage in my healing process after half a lifetime of psychotropic medications is a precious gift. To give someone this opportunity through the Support a Seeker Fund is to give someone the chance to find out who they are...it is a rebirthing process.”

“It is easier and quicker to heal at Inner Fire with the rhythm, structure and community...The therapies offer physical and soul-spiritual support. This would not be possible for me without the Inner Fire Support a Seeker Fund.”

I am also deeply grateful to the experienced and skilled therapists and guides who work with integrity and devotion to the mission of Inner Fire, some of whom are working for minimal or no pay. They are aided by a conscientious team of medical professionals: psychiatric, homeopathic and anthroposophical doctors, who are also sympathetic to the strivings of our seekers and the principles of Inner Fire. The combined talents of these gifted individuals have been a blessing beyond my imagination. Despite the inevitable stresses attending a start-up operation, their clear guidance and long, occasionally irregular, hours have made Inner Fire work.

None of this could have happened without your help. You are a vital part of this community, and we count on your support to go forward.

We are now at a critical juncture. Until the Inner Fire home is built in the field above the Grace Brook Farmhouse our limit must remain six seekers. Yet the waiting list grows daily, and parents are desperate for their offspring to have the support and understanding which we offer at Inner Fire. So we are also focused on raising the funds necessary to complete Inner Fire's new home. We have already retained an architect, identified a contractor, initiated the State permitting process, designed the septic, roughed in an access road and performed initial site work for this building.

We are most grateful for the gifts we have already received from generous donors: more than \$350,000 to date! We now need approximately \$550,000 in additional funds to complete work on the new building next year. With your continued help, I know we can make this, too, happen!

Please give as generously as you can at this pivotal moment, to either our Building Fund or Support a Seeker Fund, so that a year from now we will be helping twice as many people in accommodations designed to support their process of healing and recovery. You may mail gifts to us at Grace Brook Farm,

26 Parker Road, Brookline, VT 05345, or donate online at <http://innerfire.us/support/>

I also would like to invite you to visit us here at Grace Brook Farm to see our work firsthand and meet the many wonderful individuals sharing in this process.

On behalf of us all at Inner Fire, we wish you the very best during this Holiday Season and are most grateful for your continued support and generosity.

With Heartfelt Appreciation,

Beatrice